

Contact Numbers West Norfolk Area

We do understand that Covid19 places additional pressures on people affected by MND, and that self-isolation can result in a feeling of loneliness. But you are not alone and the NHS, Social Services, MND Association and other agencies will still be available to advise and support you. Please see below a list of useful contact numbers:

Nursing support

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| HUB Call Centre for Community Nurses (District Nurses) 24hrs 7 days a week including bank holidays | 01553 668777 |
| • Emergency Health Care | |
| Telephone | 999 |
| Non-emergency health advice and out of hours GP | 111 |
| • Care Swifts and Night Owls (24 hours) | |
| Provides free help and support if you have unplanned need at home but do not need emergency service (including falls) | 0344 800 8020 |
| Social Services Adult Care | 0344 800 8020 |
| Carers Matter Support | 0800 0831 148 |
| • Respiratory Service at Papworth | |
| Patient 24hr helpline | 01223 638365 |
| • Palliative and Hospice at Home care | |
| Multi-agency Hospice at Home team | 01553 668526 |
| Tapping House general number | 01485 601700 |
| • Fresenius Kabi Helpline (24hr) | 0808 100 190 |
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| Other services do not provide 24hr cover but you can leave messages | |
| Gill Newton MND Association Care Service Navigator
gill.newton@mndassociation.org | 07810 750122 |
| Trish Moore MND Association Care Service Navigator
trish.moore@mndassociation.org | 07813 094820 |
| MND Connect | 0808 802 6262 |
| West Norfolk Neuro Team (including neuro nurses)
Community.neuro@nchc.nhs.uk | 01553 668599 |
| Dietician | 01553 613613/
01553 613507 |
| MacMillan Nurse Support | 01553 613413 |